



Summer Day Camp COVID-19 Resource

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Health Department Resources:

- [http://naaweb.org/images/Guidance for the Establishment of Emergency Child Care Services.pdf](http://naaweb.org/images/Guidance%20for%20the%20Establishment%20of%20Emergency%20Child%20Care%20Services.pdf)
- <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-forchildcare.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
- <https://www.cdc.gov/handwashing/posters.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility-H.pdf>

Symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Children and adults are equally at risk for the Coronavirus, though children that have tested positive have reported milder symptoms.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms or combinations of symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing

Or at least two of these symptoms:

- Fever
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

Understanding Virus Spread

Current research suggests that the virus is mainly spread through respiratory droplets. However, transmission is also possible by touching a surface or object that has the virus on it and then touching your mouth, nose, or eyes. Coronavirus can live on:

- Plastics for 2-3 days
- Glass for up to 96 hours
- Cardboard for up to 24 hours
- Copper for up to 4 hours
- Steel for 2-3 days
- It is unknown how long the air inside a room occupied by someone with confirmed COVID-19 remains potentially infectious.

Healthy Hand Hygiene Behavior

All children and staff should engage in hand hygiene at the following times:

- Arrival to the facility and after breaks
- Before and after preparing food or drinks
- Before and after eating or handling food
- Before and after administering medication or medical ointment
- After using the toilet or helping a member use the bathroom
- After coming in contact with bodily fluid
- After playing outdoors or in sand
- After handling garbage
- After blowing one's nose, coughing, or sneezing.

Wash hands with soap and water for at least 20 seconds. Alcohol-based hand sanitizers with at least 60% alcohol can be used if soap and water are not readily available.

Place posters describing handwashing steps near sinks. Developmentally appropriate posters in multiple languages are available from CDC (see resources listed on page 1)

Overview of Recommendations

- Make hand cleaning supplies readily available.
- Encourage members and staff to stay home if sick.
- Monitor absenteeism.
- Plan for digital and distance learning.
- Be prepared to temporarily dismiss or close facilities and cancel events.
 - Short term closures for cleaning and contact tracing if you have a case.
 - Longer closures if you have substantial spread in your area.
- Stagger staffing or schedules to reduce in-person interaction.
- Work with your local health department for guidance on closures and reopenings

At Camp:

- Encourage families and staff to protect their personal health.
- Post the signs and symptoms of COVID-19.
- Clean surfaces that are frequently touched – things such as shared desks, countertops, kitchen areas, electronics, and doorknobs.
- Limit events and meetings that require close contact.
- Stay up to date on developments in your community.
- Create an emergency plan for possible outbreak.

If there is an Outbreak:

- Inform people who might have been exposed
- Continue to safely clean and disinfect the person's area
- Connect with our local health department
- Put your infectious disease outbreak plan into action
 - Including quarantine for staff or member

Pick-up and Drop-off

Children should be screened upon arrival and parents should not leave until temperature screening has taken place. Parents should drop off and pick up children outside the building. If possible, stagger pickup and drop-off times to provide extra space and distancing. Where possible, have the staff member conduct the sign in and sign out so parents/guardians are not needlessly touching the tablets. If tablets or keyboards are used by multiple staff, they should be disinfected between each use. Staff should document the temperature of each child on the check in sheet.

Hand hygiene stations should be set up at the entrance so children can clean their hands before they enter. Ensure all staff and children are washing hands for at least 20 seconds - scrubbing their fingers, under the fingernails and between the fingers. If a sink with soap and water is not available, provide hand sanitizer with at least 60% alcohol next to sign-in. Keep hand sanitizer out of children's reach and supervise use. If possible, people aged 60+ or those with serious underlying medical conditions should not pick up children, because they are more at risk for severe illness from COVID-19.

Upon enrollment of the program, it is important for parents/guardians to identify at least two emergency contact adults that could pick up children should the primary adult be exposed to COVID-19. If a parent/guardian is exposed or is suspected to have been exposed, the parent/guardian should not pick up the child from the program. Instead, one of the emergency contact adults should be used.

Communicate plan with parents early

"If we have a case, we will close for at least 3 days, send campers home, clean the camp, and decide the appropriate next steps. Please be prepared to transport your child/children home in the safest way possible for you and your kids, and self-quarantine. The CDC recommends self-quarantine for 14 days if you think you think you have been exposed."

Screen Staff/Members upon Arrival

Children/ Staff who have a fever of 100.40 or above or other signs of illness should not be admitted to the facility. Encourage parents to be on the alert for signs of illness in their children and to keep them home when they are sick.

Ask children or parent/guardian on behalf of the member if they have experienced any of the COVID-19 symptoms:

- Have you had a fever of 100.4 or above in the last 14 days?
- Have you recently experienced coughing or shortness of breath?
- Have you recently experienced loss of taste or smell?
- Have you been out of the state or country in the last 14 days?

Sick Member/Staff

If a person is discovered with signs or symptoms while at the program, they should be sent home as soon as possible. Should a member show signs of illness, parents will be contacted for immediate pickup. Isolate the individual to limit exposure to others.

An isolation room should have windows to allow fresh air, have a mat, and have separate access if possible. The isolation room should be staffed by an adult. If possible and available, place a facemask on the sick individual. Coughs and sneezes should be covered.

Ideally, a non-contact thermometer should be used to obtain temperature readings. If not available, other methods are permissible. Single use thermometers or individual plastic covers should be used on oral thermometers with each use or thermometers should be cleaned and sanitized after each use according to the manufacturer's instructions.

Mats used by sick staff or children should be sanitized based in accordance with manufacturer instructions.

Cleaning and Disinfecting

Cleaning staff should wear disposable gloves and approved PPE for all tasks in the cleaning process, including handling trash. Cleaning staff should immediately report breaches in PPE such as a tear in gloves or any other potential exposures to their supervisor. Cleaning staff and others should wash hands often, including immediately after removing gloves and after contact with an ill person following hand washing procedures.

- Gloves should be compatible with the disinfectant products being used.
- Additional PPE might be required based on the cleaning/disinfectant products being used and whether there is a risk of splash. Additional PPE might be required based on biohazards.
- Gloves should be removed carefully to avoid contamination of the wearer and the surrounding area. Be sure to wash hands thoroughly after removing gloves.
- Gloves should be removed after cleaning a room or area occupied by ill persons.
- Cleaning staff should follow normal preventive actions while at work and home, including cleaning hands and avoiding touching eyes, nose, or mouth with unwashed hands.

Cleaning and Disinfection after Persons Suspected/Confirmed to Have COVID-19 Have Been in the Facility

If it has been more than 7 days since the person with suspected/confirmed COVID-19 visited or used the facility, additional cleaning and disinfection is not necessary.

At a school, daycare center, office, or other facility that does not house people overnight:

- Close off areas visited by the ill persons. Open outside doors and windows and use ventilating fans to increase air circulation in the area. Wait 24 hours or as long as practical before beginning cleaning and disinfection.
- Cleaning staff should clean and disinfect all areas such as offices, bathrooms, common areas, shared electronic equipment (like tablets, touch screens, keyboards, remote controls, and ATM machines) used by the ill persons, focusing especially on frequently touched surfaces.



Day Camp Location: _____

Date: _____

All members should be screened prior to entering the YMCA Camp and prior to parent/guardian leaving the drop-off location. Ask the following questions regarding each member and take their temperature using appropriate precautions. ***Members with a fever of 100.4 or higher are not allowed in the facility.**

- Have you had a fever of 100.4 or above in the last 14 days?
- Have you recently experienced coughing or shortness of breath?
- Have you recently experienced loss of taste or smell?
- Have you been out of the state or country in the last 14 days?

| Child Name | Daily Temperature | Coughing/ Shortness of Breath | Loss of taste/ Smell | Out of State or Country in last 14 days? | Staff Initials |
|------------|-------------------|-------------------------------------|-------------------------|--|----------------|
| | | Yes or No | Yes or No | Yes or No | |
| | | Yes or No | Yes or No | Yes or No | |
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