



# FAMILY FUN PLANNER

## SEPTEMBER 2019

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



### AFTER SCHOOL ACTIVITIES

#### Zumbini®: ages 0-4

Zumbini® combines music, dance and educational tools for 45 minutes of bonding, learning and fun!

#### NEW! Kid's Scene: ages 6-8

Tuesdays • 6:15-7:45 PM  
Wednesdays • 5:45-7:15 PM  
Sundays • 12:15-1:45 pm

Kids will explore, create and play with a 40 minute themed activity and after we'll do either the climbing wall, prime time or the gym.

#### Y Rockstars: ages 6-7

Wednesdays • 4:45-5:15 PM

Continue to grow in technique, skills and strength in Rock Climbing.

#### Fun & Function: ages 8-11

Mon./Wed. • 4:15-5:00 PM

This conditioning class uses a variety of games to burn off energy in a structured, supervised environment.

#### Intramural Basketball: grades 5-8

Fridays • 3:30-4:15 pm

Get some of your energy out after school by playing some organized pickup basketball with a Y staff.

#### MONTHLY PROGRAMS

We're offering new opportunities for kids, tweens and teens to enjoy the Y.

**FUSE (6:30-9:00 PM)** gives kids 5-8 a taste of the Teen Room while doing a themed activity. September is Canvas Painting.

**SPARK** and **HYPE NIGHT** are programs just for middle schoolers! Spark (7:00-9:30 PM) happens in the teen room after it closes to regular membership. Hype Night (8:15 - 10:30 PM) allows youth to take over the Y after it closes.

| SUNDAY                                       | MONDAY                             | TUESDAY                                       | WEDNESDAY | THURSDAY  | FRIDAY  | SATURDAY  |
|--|------------------------------------|---|-----------|---|---|---|
| 1  | 2<br><b>Y CLOSED FOR LABOR DAY</b> | 3<br><b>FALL I SESSION BEGINS</b>             | 4         | 5   | 6   | 7<br><b>MIDDLE SCHOOL DODGEBALL</b>   |
| 8  | 9                                  | 10<br><b>*TODDLER OPEN GYM (10:45 -11:15)</b> | 11        | 12<br><b>*TODDLER OPEN GYM (10:30 -11:15)</b><br><b>STRANGER DANGER (AGES 4-8)</b>          | 13  | 14<br><b>BABYSITTING TRAINING (AGES 11 &amp; UP)</b><br><b>MIDDLE SCHOOL HYPE NIGHT</b> |
| 15<br><b>HOME ALONE WORKSHOP (AGES 8-10)</b> | 16                                 | 17<br><b>*TODDLER OPEN GYM (10:45 -11:15)</b> | 18        | 19<br><b>*TODDLER OPEN GYM (10:30 -11:15)</b>   | 20<br><b>*FUSE (AGES 5-8)</b>   | 21  |
| 22   | 23                                 | 24<br><b>*TODDLER OPEN GYM (10:45 -11:15)</b> | 25        | 26<br><b>*FAMILY FIELD DAY (ALL AGES) 5-7 PM</b><br><b>*TODDLER OPEN GYM (10:30 -11:15)</b> | 27<br><b>BABYSITTING TRAINING PARENT'S NIGHT OUT (AGES 4-8)</b><br><b>*SPARK (GRADES 5-8)</b> | 28  |
| 29   | 30                                 | <b>*TODDLER OPEN GYM (10:45 -11:15)</b>       |           | <b>*TODDLER OPEN GYM (10:30 -11:15)</b>   |   |   |

**AVAILABILITY AND REGISTRATION FOR THESE PROGRAMS ON OUR WEBSITE: WWW.GLCYMCA.ORG**

\*Free for members  
Updated: 8/7/19

# DROP IN & ONGOING

## TODDLER OPEN GYM

Tuesday • 10:45 - 11:15 AM

Thursday • 10:30 - 11:15 AM

Stay and play with all the toys in the gym! A great opportunity for parents to help children practice motor skills and hand-eye coordination. **Ages 12-35 months.**

## KIDS CORNER

Mon. - Thurs. • 8 AM - 8 PM

Friday • 8:00 AM - 2:00 PM, 4:00-7:00 PM

Saturday • 8:00 AM - 1:00 PM

Sunday • 11:00 AM - 2:00 PM

Designed with your special little one in mind. We enjoy arts and crafts, imaginary play and many activities.

## YOUTH & TEEN ROOM

Mon. - Thurs. • 3:30 - 8:00 PM

Friday • 3:30 - 6:00 PM \* CHECK OUT FUSE OR SPARK ON FRIDAY NIGHTS

Saturday • 10:00 AM - 5:00 PM

Sunday • 1:00 - 3:30 PM \* FAMILY DAY (ages 6 and up with a parent)

Check out the Xbox Kinect, pool table, foosball and lots of games! **Ages 8 to 17.**

## FAMILY TRACK TIME

ANYTIME

Kids 7 to 9 can be on the track with a parent anytime the Y is open.

## OPEN ROCK CLIMBING

Open Climb is FREE for Y members ages 4 and up. Climbers under 8 must have a parent/guardian present to climb.

Monday 6:15-7:30 pm

Tuesday 6:00-7:30 pm

Wednesday 6:30-7:30 pm

Thursday 6:00-7:30 pm

Friday 6:00-7:30 pm

Saturday 11:00 am-1:00 pm

Sunday 2:00-3:30 pm

## FAMILY SWIM

Monday - Friday • 9 AM-12 PM

Monday - Friday • 4:30-7:30 PM

Sat. & Sun. • 9:15 AM-5:00 PM

## FAMILY GYM

Sunday • 1:00 PM - 6:00 PM

Gym space is available for member and family play during this time.

PLEASE REFER TO ONLINE SCHEDULES FOR THE MOST UP TO DATE INFORMATION

# SPECIAL EVENTS

## AT THE Y FAMILY FIELD DAY

Thursday, September 26 | 5:30-7:30 PM

Join us outside at Miracle Field for a fun family evening before the weather cools off! Games, bubbles, races and more! Everyone has a chance to be active at our Field Day event.

**FUN TO REMEMBER IN SEPTEMBER**

## IN THE COMMUNITY OCONOMOWOC FALL FESTIVAL

September 7, 9:00 AM - 7:00 PM

Downtown Oconomowoc's main street will close as more than 50 vendors line both sides selling wares, food and more. Family friendly fun abounds and adventures include a jalapeno eating contest, entertainment stage with live music, beer, food and treats.

## Y CARE

It's back to school time and Y Care is the place for kids before and after school. Our affordable program and flexible schedule gives families peace of mind that their child is part of a great program.

### SITE LOCATIONS:

Dousman, Greenland, Ixonia, Johnson Creek, Lake Country School, Meadow View, Park Lawn, Richmond, St. Jerome, Stone Bank, Summit, Watertown

## LEADERSHIP VOLUNTEER PROGRAM

The LVP program works with students of the Oconomowoc Area School District to build community through service, enhance the community in which we live and grow personally through leadership development.

**5th through 12th grades**

Contact Karlee Webb

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VISIT US AT [WWW.GLCYMCA.ORG](http://WWW.GLCYMCA.ORG)